

About the Organization

Mothers Arms® was founded in January 2000 and thrives on the dedication of volunteers across the country. Since its inception, Mothers Arms has been featured on *Good Morning America*, in newspapers, magazines and on national and local television and radio programs. Through the First Defense™ Seminar, people across the country have learned how to incorporate safety habits into their daily routines. Many have benefited personally by avoiding an attack using techniques learned in First Defense™.

Mothers Arms is a national organization designated as an IRS approved 501(c)(3) non-profit public charity. Your membership dues or donation is used to expand Mothers Arms services, partnerships and capabilities to a wider audience of concerned women and their families.

To join our organization, complete the attached membership form and mail with the appropriate dollar amount. You may also join with your credit card through our website at <http://www.mothersarms.org>.



4757 E. Greenway Road 107B #124 ♦ Phoenix, AZ 85032
800.464.4840 ♦ www.mothersarms.org

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First Defense is a trademark of Safely in Mothers Arms.

Join Mothers Arms® Today

Name: _____
Address: _____
Phone: _____
Email: _____

May your email be shared with the Mothers Arms Coordinator in your area? Yes No

I would like information on:

Becoming a Volunteer	<input type="checkbox"/>
First Defense Seminar	<input type="checkbox"/>
Starting a Chapter	<input type="checkbox"/>

Membership:

<input type="checkbox"/> \$35 Family	<input type="checkbox"/> \$20 Individual
<input type="checkbox"/> \$15 Student	<input type="checkbox"/> \$250 Corporate
<input type="checkbox"/> \$500 Individual Life Membership	
<input type="checkbox"/> \$850 Family Life Membership	
<input type="checkbox"/> \$2,500 Corporate Life Membership	
<input type="checkbox"/> \$25 Chapter Registration	
<input type="checkbox"/> Additional Contribution of \$ _____	
<input type="checkbox"/> Donation Only of \$ _____	

Make Checks Payable to: Safely In Mothers Arms, Inc.

Mail Form & Check to: Safely In Mothers Arms, Inc.
4757 E. Greenway Rd 107B #124
Phoenix, AZ 85032

To Use Your Credit Card

Please go to our website at: www.mothersarms.org
Click on join which will bring up the membership page.
Select the membership level you wish to join at.
On the next page enter your member information.
Select your payment type.

Mothers Arms is a 501(c)(3) nonprofit corporation.
All donations are tax deductible.

Laws can't protect you.

Criminals break the law.

911 doesn't protect you.

*A call to 911 means something
terrible is already happening.*

Who will protect you?

*Ultimately that responsibility
rests squarely upon your
shoulders.*



Who We Are

Mothers Arms® is a nationwide community of women who share information, resources and advice about safety and survival in a dangerous world. We are safety conscious women dedicated to becoming self-reliant in order to protect ourselves and our loved ones from harm. Mothers Arms reaches out to women across the country, helping them meet their personal responsibility of keeping themselves and their families safe.

What We Do

Mothers Arms teaches women and their families to protect themselves through common sense, awareness and training.

Our First Defense™ Seminar is an awareness and educational program which explores your options for protection and defense. Participants learn how to incorporate safety habits into their daily routines.

You have many options when dealing with issues of personal safety—most of which you may not be aware. Mothers Arms helps you explore the many options available so you can make an informed personal decision about the best tool and method of protection for you and your family.



Please visit www.mothersarms.org for valuable information and as a resource for safety products and training.

Why You Need Us

In the real world, no law stands between you and an attacker. In the real world, statistics show there is one burglary every 15 seconds. One rape every 35 seconds. One murder every 34 seconds.

By the time 911 is called, a crime has often already been committed. You or a loved one are now a victim, left to deal with the police, the paperwork, and possibly the courts and lawyers.

Maybe the crime couldn't have been prevented, but as a responsible woman you owe it to yourself and your loved ones to become educated and prepared to protect yourself, and them, from acts of human aggression. Mothers Arms is here to help you find the resources and training you need to accomplish that.

Benefits of Membership

Through Mothers Arms you can tap into a network of like-minded women from whom you can learn and grow. Our First Defense™ seminars teach you how to become aware of your surroundings, secure your home and transform everyday household items into tools of defense.

As a Mothers Arms member, you also receive *The Sentinel*, our quarterly newsletter—full of practical safety techniques and money-saving discounts on all types of products and services geared to safety.

Neighborhood Chapters are forming all over the country. We invite you to join an existing Chapter or to become a “Chapter Mom” and start your own. Every month a different safety topic is discussed at informal meetings. If you're interested in forming a Chapter, contact Sue Frederiksen, National Coordinator Liaison, at Sfederiksen@mothersarms.org or 720.320.1214.

The Passion To Protect

Alicia Wadas is the Founder of Mothers Arms. She is a tireless advocate of self-reliance and responsibility, encouraging women to actively protect life through awareness and education. Alicia travels extensively to communicate her message nationwide, frequently appearing at special events and on local and national radio and television programs.



Alicia Wadas shares her passion for safety.

Alicia's passion for safety began as a college student while working with campus police, assisting traumatized rape victims. Later, as an office supervisor, she faced the challenge of employees' work and health being negatively affected by intimate violence. As a mother, her children's curiosity about guns renewed her commitment to the practice of safety and self-defense.

Realizing others had the same concerns, Alicia established Mothers Arms to provide affordable safety information, guidance and support to concerned, safety conscious women everywhere. Mothers Arms members develop family safety plans and defense tools that match their strengths and individual circumstances. With the help of Mothers Arms, families replace fear with skills, knowledge and confidence.

Your Local Coordinator Is: